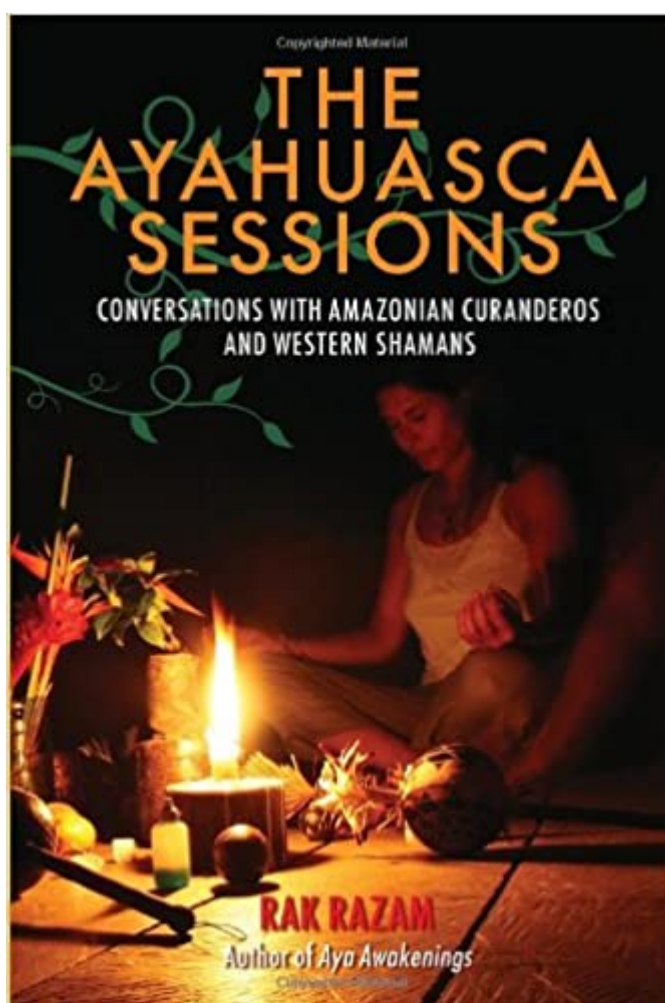


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# The Ayahuasca Sessions: Conversations With Ian Curanderos And Western Shamans



## Synopsis

A great read for seekers and thrill-seekers interested in ayahuasca tourism, entheogens, and counterculture studies, this companion volume to the author's memoir *Aya Awakenings* collects in-depth interviews with native ian curanderos (healers) and Western shamans traveling the "gringo trail" in the jungles of Central and South America in search of a direct encounter with ayahuasca's multidimensional reality. In areas of Brazil, Ecuador, and Peru, the traditional herbal brew known as ayahuasca or yajã© is legally used to heal physical ailments and to cleanse and purify the spirit by connecting it to the web of life; Sting and Tori Amos have admitted sampling it in Latin America, as has Paul Simon, who chronicled the experience in his song "Spirit Voices." Australian journalist Rak Razam documents the thriving business of 21st-century ian hallucinogenic shamanism from multiple perspectives, revealing the stark differences between indigenous and foreign approaches as well as the commonalities.

Contents

INTRODUCTION

1. INDIGENOUS CURANDEROS Adela Navas De Garcia Guillermo; Percy Garcia Lozano; Elias Mamallacta; Don Francisco Montes Shuna; Norma Panduro Navarro and Paula Harbrink Numan; Don Juan Tangoa Paima; Sara Alicia Ferreira Yaimés

2. WESTERN SHAMANS Kevin Furnas; Scott Petersen; Carlos Tanner; Ron Wheelock

3. AYAHUASCA WORKERS Chuck; Jan Kounen; Dennis McKenna; Alan Shoemaker

4. SEEDS Alexis; Brian; Javier; Joel and Elsa; Pedro; Rachel ; Rolando; Wind Spirit Center

## Book Information

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## Customer Reviews

"I think the world is in serious need of healing and â | and waking up.â | The global ayahuasca

movement and the rediscovery of the Archaic is an encouraging thing." --Dennis McKenna, ethnobotanist and author of *The Brotherhood of the Screaming Abyss*"A memorable--and deeply personal--journey into the hearts and minds of those who carry on the shamanic traditions of ayahuasca." --Rick Doblin, president and founder of the Multidisciplinary Association of Psychedelic Studies (MAPS)

RAK RAZAM is a new wave entheogenic researcher and the cofounder of Undergrowth.org, Australia's leading online counterculture arts and literature magazine, and the Icaros Foundation. An author, freelance journalist, and editor, he specializes in underground and counterculture communities, spirituality, and technology. He has written features for Australian Penthouse, The Age, Dazed and Confused magazine and Dazed Digital, Disinfo.com, Reality Sandwich, High Times, Filmmaker magazine, and many other publications. The author lives in Mullumbimby, New South Wales, Australia.

This appears to be a set of interviews done around a gathering of the 1st Shamanism Conference and some of the notable folks in attendance. The quality of each interview varies based on the personality involved. If this topic is an area of interest, you can consider this an optional book. There are few insights in here that you will remember.

EXCELLENT. This book has changed me. Let it change you also. Get it.

"The Ayahuasca Sessions" is an interesting collection of interviews from (primarily) the community - whether presenter or attendee - of the 2nd Annual 1st Shamanism Conference in Iquitos, Peru. Enjoyable to read the thoughts and ideas shared - from the seasoned ayahuasquero/a to the initiate who has just arrived in a new world - "The Ayahuasca Sessions" has something for anyone interested in 'all things ayahuasca'.

This is a collection of interviews with curanderos with diverse backgrounds. I found the interviews to give an authentic view of curandismo. Bravo for asking and documenting the different viewpoints on Western ayahuasca tourism.

This has good firsthand information written for the lay person. Experts might find it of use also due to its openmindedness in approach.

[Original review found on Reality Sandwich.com] In my previous article "20 Essential Books on the Mysterious Power of Ayahuasca", Rak Razam (one of the co-coiners of the term "entheodic storytelling" along with Graham Hancock, Jeremy D. Johnson and I) had the great honor of having two books on the list; *The Ayahuasca Sessions* and *Aya Awakenings* (now a documentary). On May 27th, 2014, *The Ayahuasca Sessions* received a proper reprint from North Atlantic Books, which includes a much improved cover and stunning full color photo inserts, not found in the older, now out of print version. *Sessions* skirts around some of the central paradoxes of ayahuasca tourism. Early in the book Rak prompts Guillermo Aravelo to admit that the vine itself is the shaman and initiator, and the shaman is only the facilitator (the one that is often needed). Controversially, I myself am a solitary drinker and have no intention of traveling to some remote location when I'm able to safely commune with the plant spirits that I've already developed a relationship with in my own garden, though before coming to the medicine I had extensive history with an esoteric initiation into Hindu mysteries, so I was not without some preparation for the inner demons that assail those traversing the inner planes. I do not intend to discourage those who want a more traditional experience in Peru or Brazil, especially for the first time, but I do not see either path as having more or less spiritual import and value. The great strength of the interviews found in *Sessions* is its down to earth conversational style, which works in bridging the gap between indigenous curanderos, Western shamans, and ayahuasca authors. Rak's talk with Jan Kounen was of particular interest to me as a graphic novelist who is interested in incorporating the holographic visions of the grandmother vine into visual art, and while I won't spoil it, I think that it's his best interview by far, from an insider ayahuasquero point of view, rather than the typical celebrity obsessed media culture plugs one often finds relating to film. Another strange striking example of surreal synchronicity is hearing Adela Navas de Garcia, a curandera from the , talk about seven songs that came to her from the multidimensional lizards and snake totems that are relatively common in the thralls of the aya trance. As the seven Lizard Kings factor into my graphic novel *KALI-YUGA* "penned well before I met Rak" this was a welcome addition to what I could explore and reference within the deep non-linear structure of the comic. Apparently, the spirit-reptiles taught Adela seven icaros, known as the magical songs that are meant to lead the shaman into deeper levels of trance in innerspace, in order to give power over shamanic totems and protection in order to ward off negative entities. She also states quite emphatically "shaman women can be better healers." Be ye wise as serpents, indeed. Other myths and common misunderstandings about the medicine are dispelled right away,

such as the oft-cited purge, which many California bros are quick to point out, that they wouldn't want to be s\*\*\*ting and puking their brains out while tripping, man. Fortunately, those that have done more than simply read on the subject know that the initial cleansing stage wherein the spirits literally force you to throw away the black-energy vibes that many of us have picked up simply by existing in Western civilization can be relatively quick for some people. Graham Hancock relates that he stopped having deep purging around the 10th ceremony or so, and I have experienced a similar indication that heavy purging does not last forever, allowing for a more enjoyable walk to the other side of reality, as Hancock calls it. Getting to the heart of the central metaphysicality of the medicine is one of Rak's fundamental strengths as both a student and teacher. In a later part of his interview with Guillermo, he asks about the deeper aspects of the spirit planes that lie beyond the more commonly referenced astral planes (such as the causal plane, as depicted in various comparative cosmological maps at [kheper.net/topics/planes/](http://kheper.net/topics/planes/).) In the causal plane it is said that a single thought may become an entire universe for the soul to be trapped in, and in the dimensions of pure spirit that lie beyond all causality there is the idea that the spirit is beyond all duality, or beyond the language of heaven and hell most commonly found in the astral universe. According to Peruvian curanderos these are not mere metaphors, but tell-tale experiences and signposts of deep innerspace exploration lying within the sacred medicine. For those that are already familiar with the subject matter, Rak goes far deeper in *The Ayahuasca Sessions* than most books I've encountered on the subject, as he is not afraid of controversy. For the new comer, it is perhaps the best introduction because of its wide scope within the singular focus of the esoteric mysteries. *Sessions*, like the vine itself, works on a heart-chakra based, conversational level approach, honed in on the lived experience of the medicine path itself—not merely the seemingly detached scholarly explanation of it. From this point of view it is essential reading material, and I highly recommend it. [Those interested in the subject as it relates to psychedelic culture as a whole please be sure to check out Rak's amazing podcast "In a Perfect World", for more subtle nuances on the subject matter.]

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The Ayahuasca Test Pilots Handbook: The Essential Guide to Ayahuasca Journeying  
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The Gate Keeper: An Inspector Ian Rutledge Mystery (Inspector Ian Rutledge Mysteries)  
Traveling between the Worlds: Conversations with Contemporary Shamans  
Five Weeks in the : A backpacker's journey: life in the rainforest,

Ayahuasca, and a Peruvian shaman's ancient diet Pulse of the Jungle: Ayahuasca, Adventures, and Social Enterprise in the Listening to Ayahuasca: New Hope for Depression, Addiction, PTSD, and Anxiety Healing: Reclaim Your Health: Self Healing Techniques: Fasting, Meditation, Prayer, Healing Medicine, and Energy Work (Channeling, Shamanism, Chakra Healing, ... Qigong Healing, Ayahuasca Book 1) DMT: The Truth About Dimethyltryptamine: The Ultimate Beginner's Guide To A Revolutionary Compound And Its Full Effects (DMT, Psychedelics, Ayahuasca) Psychedelic Medicine: The Healing Powers of LSD, MDMA, Psilocybin, and Ayahuasca The Shaman and Ayahuasca: Journeys to Sacred Realms Not Quite Shamans: Spirit Worlds and Political Lives in Northern Mongolia (Culture and Society after Socialism) In Search of Lady Ayahuasca: An Ill-Conceived Quest Through the Peruvian 131 Creative Conversations For Couples: Christ-honoring questions to deepen your relationship, grow your friendship, and ignite romance. (Creative Conversations Series) Interviews and Conversations with 20th-Century Authors Writing in English: An Index (Interviews & Conversations) Cruising the Southern and Western Caribbean: A Guide to the Ships & the Ports of Call (Cruising the Southern and Western Caribbean) (Cruising the Southern & Western Caribbean) Shamans of the Foye Tree: Gender, Power, and Healing among Chilean Mapuche Shadows Across The Moon: Outlaws, Freaks, Shamans, And The Making Of Ibiza Clubland The Wheel Of Time: The Shamans Of Mexico Their Thoughts About Life Death And The Universe

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